Soolan
Paediatric Syrup
For symptomatic relief of cough and cold

Composition
Each 5ml (teaspoonful) contains:
Active ingredients
- Chlorpheniramine maleate 1mg
- Phenylephrine HCl 2.5mg
- Guaifenesin (glyceryl guaiacolate) 50mg
Excipients:
- Ascorbic acid, sucrose, saccharin sodium, sodium benzoate, quinoline yellow, disodium edetate, ethanol 96%, glycerin, strawberry flavour and purified water.

Properties
Soolan is an effective paediatric cough and cold formula that combines a decongestant, an antihistamine and an expectorant to ensure a fast effective symptomatic relief of common cold and flu.

Soolan acts by exerting a drying effect on the nasal mucosa, reducing the swelling of the mucous membranes, as well as clearing the airways from the tenacious secretions.

Indications
Soolan is useful for treating children suffering from productive cough, nasal congestion, rhinorrhea and sneezing associated with allergy or common cold.

Dosage
Children 1 – 2 years of age: 5mL (1 teaspoonful) twice daily.
Children 2 – 6 years of age: 5mL (1 teaspoonful) every 6 hours daily.
Children 6 – 12 years of age: 10mL (2 teaspoonfuls) every 6 hours daily.

If you miss a dose
If on scheduled dosage regimen:
- Take the missed dose as soon as possible.
- If it is almost time for your next regular dose, wait until then and skip the missed dose.
- Do not take two doses at the same time.

Contraindications
This preparation should be avoided by patients who are hypersensitive to any of its components, as well as those with severe liver disease as it may precipitate coma.

Precautions
Soolan should be given cautiously to patients having epilepsy, glaucoma, pyloroduodenal obstruction, urinary retention or renal dysfunction (dose reduction may be necessary). Discontinue its use before taking allergy skin tests due to possible false positive results.

If urine is collected within 24 hours of a dose of Soolan syrup, a metabolite of guaifenesin may cause a colour interference with laboratory determinations of urinary 5-hydroxyindoleacetic acid (5-HIAA) and vanillylmandelic acid (VMA).

Side Effects
Soolan is usually well tolerated. Some minor side effects have occasionally been reported such as drowsiness, which may diminish after a few days of continued treatment. However, paradoxical stimulation may occur rarely, especially with high doses. Other side effects which have been reported less frequently include headache, psychomotor impairment, and antimuscarinic effects such as urinary retention, dry mouth, blurred vision and gastrointestinal disturbances.

Hypersensitivity reactions including bronchospasm, angioedema, anaphylaxis, rashes and photosensitivity reactions have also been reported less frequently.

Very rarely, tinnitus, extrapyramidal effects, dizziness, confusion, depression, sleep disturbances, tremor, convulsions, palpitation, arrhythmias, hypotension, blood disorders, liver dysfunction and exfoliative dermatitis have been reported.

Overdosage
Symptoms and signs of overdosage include sedation, paradoxical stimulation of CNS, psychosis, convulsions, antimuscarinic effects, and arrhythmias. Symptomatic and supportive measures should be provided with special attention to cardiac, respiratory, renal, and hepatic functions and fluid and electrolyte balance. Treatment of overdosage should include gastric lavage or induction of emesis by syrup of ipecac, if it is within the first few hours after ingestion. Activated charcoal and cathartics may be administered to minimise absorption.

Drug Interactions
Enhanced sedative effects may result from concomitant usage of sedating antihistamine, diazepam, chloral hydrate or triclosof sodium with Soolan. Increased risk of antimuscarinic effects may be expected upon concomitant administration of Soolan with antimuscarinics, while concomitant administration with amitriptyline, imipramine or nortriptyline may increase both sedative and antimuscarinic effects.

Presentation
Soolan syrup: Bottle of 100mL.

Store at a temperature of 15 - 25°C.