

AN ANTIARTHRITIC IN OSTEOARTHRITIS & PROTECTION

COMPOSITION:

Tablets:

Each film coated tablet contains Glucosamine Sulfate Potassium Chloride (USP) equivalent to Glucosamine Sulfate 500 mg and Chondroitin Sulfate Sodium (USP) equivalent to Chondroitin Sulfate 400 mg.

Other ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Colloidal Anhydrous Silica, Magnesium Stearate and Coating Material (Opadry AMB Yellow).

PROPERTIES:

- Glucosamine Sulphate, an endogenous aminosaccharide made up of glucose and an amino acid, glutamine, is an important part of the mucopolysaccharides which provide structure to the bone, cartilage, skin and other tissues. It helps the manufacture of collagen which is the protein part of the fibrous substance that holds joints together by improving joint function, it helps reduce the pain associated with osteoarthritis.
- Chondroitin Sulphate is the most abundant glycosaminoglycan localized in cartilage, bone and heart valves. Chondroitin facilitates lubrication in the joints resulting in freedom of movement, it sweeps nutrients into the cartilage and the fluid acts like a spongy shock absorber.

Glucosamine and Chondroitin work synergistically to help stimulate cartilage production and control cartilage damaging enzymes and therefore help maintain equilibrium between cartilage catabolic and anabolic processes.

INDICATIONS:

Adjuvant therapy for osteoarthritis.

CONTRAINDICATIONS:

Shellfish allergy.

PRECAUTIONS:

- Impaired glucose tolerance (monitor blood glucose concentration before treatment and periodically thereafter).
- Predisposition to cardiovascular disease (monitor cholesterol).
- Uses with caution in patients have asthma.

ADVERSE REACTIONS:

Nausea, abdominal pain, indigestion, diarrhoea, constipation, headache, fatigue.
Less commonly flushing, rash, pruritus, hypercholesterolaemia also reported.

DRUG INTERACTIONS:

Glucosamine enhances anticoagulant effect of warfarin (avoid concomitant use).

USE DURING PREGNANCY AND LACTATION:

There are no information, so avoid using during pregnancy and lactation.

DOSAGE:

One tablet three times per day or as directed by the physician.

STORAGE:

Store at room temperature (15-25) °C, protect from light.

PRESENTATION:

Tablets: Packs contain (30) film coated tablets of GLUCOSAMINE PLUS.

To Report any side effect(s) or Quality Problems:

- National Pharmacovigilance Center (NPC)
- Fax: +966-1-205-7662
- E-mail: npc.drug@sfd.gov.sa
- website: www.sfd.gov.sa/npc

This is a medicament

- A medicament is a product, which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

Keep medicaments

out of the reach of children

Council of Arab Health Ministers
Union of Arab Pharmacists



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