

# Zeta-Cort®

## Fusidic Acid and Betamethasone Valerate Cream

### Composition:

Each 100 g cream contains Fusidic Acid 2 g and Betamethasone Valerate equivalent to Betamethasone 0.1 g.

Excipients: Propylene glycol, cetomacrogol, mineral oil, cetostearyl alcohol, paraffin, potassium sorbate, sodium phosphate, and phosphoric acid.

### Properties:

**Zeta-cort** combines between the potent topical antibacterial effect of fusidic acid and the anti-inflammatory and antipruritic effects of Betamethasone.

Fusidic acid is an antibiotic obtained from fusidium coccineum, it is effective against staphylococci, streptococci, cornebacteria, neisseria and certain clostridia and bacteroides.

The antibacterial activity of Fusidic acid is due to the inhibition of bacterial protein synthesis.

Betamethasone valerate is a topical steroid with rapid effect in inflammatory dermatoses.

### Indications:

**Zeta-cort** is indicated in inflammatory dermatoses associated with infection include:

Atopic eczema, discoid eczema, stasis eczema, seborrheic dermatitis, contact dermatitis, lichen simplex chronicus, psoriasis, discoid lupus erythematosus.

### Contraindications:

**Zeta-Cort** is contraindicated for patients with known hypersensitivity to any of its components.

Topical corticosteroids are contraindicated in the following:

Viral, tuberculous and fungal skin infections.

Perioral dermatitis.

Acne rosacea and ulcerative condition.

### Precautions:

Topical steroids should not be used extensively in pregnancy.

### Warnings:

Long term continuous therapy should be avoided, particularly in the face, on flexures and intertrigenous areas, and in infants and children.

### Dosage and Administration:

Uncovered lesions:

Apply 2-3 times daily.

Covered lesions:

Less frequent application may be adequate.

### Side Effects:

As with other topical corticosteroids, prolonged and intensive treatment may cause local atrophic changes of the skin.

Hypersensitivity reactions have been rarely reported.

Consult your Pharmacist or Physician if any side effect is observed.

### Pharmaceutical Precautions:

Keep at room temperature (15-30 °C).

For external use only.

Not to be taken by mouth.

Do not use beyond the expiry date or if the product shows any signs of deterioration.

### Presentations:

**Zeta-Cort** is available as aluminium tubes of 15 g.

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#### THIS IS A MEDICAMENT

- Medicament is a product which affects your health and its consumption contrary to instructions is dangerous for you.
- Strictly follow the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medication.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

**Keep medication out of reach of children.**

Council of Arab Health Ministers & Union of Arab Pharmacists.



Manufactured by:

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Dec-2007  
44035/RS