

## BRUFEN

### Analgesic & Anti-inflammatory Agent

Brufen is a non-steroidal anti-inflammatory agent, a product of original research from The Boots Company PLC. It possesses analgesic, anti-inflammatory and antipyretic activity and is effective in the relief of inflammatory and painful conditions.

#### INDICATIONS

Brufen is indicated for its anti-inflammatory and analgesic effect in the treatment of rheumatoid arthritis, osteoarthritis and allied conditions, non-articular rheumatism and soft tissue injuries. Brufen is also indicated for its analgesic effect in the relief of mild to moderate pain such as dysmenorrhoea, dental pain, post-operative pain and in the relief of migraine headache. Its antipyretic activity is effective in reducing fever.

#### DOSAGE AND ADMINISTRATION

##### Adults

The recommended initial dosage is 1200mg – 1800mg daily in divided doses. Some patients can be maintained on 600-1200mg daily. The total daily dose of Brufen should not exceed 2400mg.

##### Children

The recommended dose of Brufen is 20mg/kg of body weight daily in divided doses, but in juvenile rheumatoid arthritis the dosage may be increased to 40mg/kg body weight daily in divided doses, in severe cases. Not recommended for children weighing less than 7kg.

##### Elderly

No special dosage modifications are required for elderly patients unless renal or hepatic function is impaired, in which case the dosage should be assessed individually.

#### CONTRA-INDICATIONS, WARNINGS, ETC.

In common with other non-steroidal anti-inflammatory agents, Brufen should not be given to patients with a history of or active peptic ulceration. Bronchospasm may be precipitated in patients suffering from or with a previous history of bronchial asthma. Brufen should not be given to patients in whom aspirin and other non-steroidal anti-inflammatory drugs induce the symptoms of asthma, rhinitis or urticaria.

#### SPECIAL PRECAUTIONS

Non-steroidal anti-inflammatory drugs have been reported to cause nephrotoxicity in various forms: interstitial nephritis, nephrotic syndrome and renal failure. In patients with renal, cardiac, or hepatic impairment caution is required since the use of non-steroidal anti-inflammatory drugs may result in deterioration of renal function. The dose should be kept as low as possible and renal function should be monitored in these patients.

Adverse effects reported include dyspepsia, gastro-intestinal intolerance and bleeding, skin rashes of various types, and less frequently thrombocytopenia has occurred.

#### USE IN PREGNANCY AND LACTATION

Whilst no teratogenic effects have been demonstrated in animal experiments, the use of Brufen during pregnancy should, if possible, be avoided. In the limited studies so far available, Brufen appears in the breast milk in very low concentration and is unlikely to affect the breast-fed infant adversely.

#### DRUG INTERACTIONS

In therapeutic doses, no evidence of clinically significant interactions with other commonly used drugs has so far been observed. However, as with other non-steroidal anti-inflammatory agents, caution should be exercised in patients receiving oral anticoagulants and thiazide diuretics.

#### INTERFERENCE WITH LABORATORY TESTS

There is no evidence so far that ibuprofen interferes with standard laboratory tests.

#### TREATMENT OF OVERDOSAGE

Gastric lavage and, if necessary, correction of serum electrolytes. There is no specific antidote for ibuprofen.

#### PRESENTATIONS

Three tablet presentations of Brufen are available 200mg, 400mg, 600mg.

The 200mg and 400mg tablets are sugar-coated tablets. Each Brufen 200mg tablet is overprinted with "Brufen" in black and contains 200mg of ibuprofen. Each Brufen 400mg tablet is overprinted with "Brufen 400" in black and contains 400mg of ibuprofen. Brufen 600 are pillow-shaped, film-coated tablets. Each tablet is overprinted with "Brufen 600" in black and contains 600mg of ibuprofen.

Brufen is also available as suppositories of 500mg and as an orange-flavoured syrup containing 100mg of ibuprofen per 5ml.

Not all presentations are available in all countries.

#### PACKING

Available in the following sizes:

Tablets – 200mg – 25/30/50/100/500  
400mg – 20/25/30/50/100/250  
600mg – 12/20/30/50/100/250

Suppositories – 500mg – 6/12/30  
Syrup – 100mg – 50ml/100ml/200ml/1L

*Further information is available on request.*

#### PATIENT INFORMATION

##### (THIS IS A MEDICAMENT)

A medicament is a product which affects your health and its consumption contrary to instructions is dangerous for you.

Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.

The doctor and the pharmacist are experts in medicine, its benefits and risks.

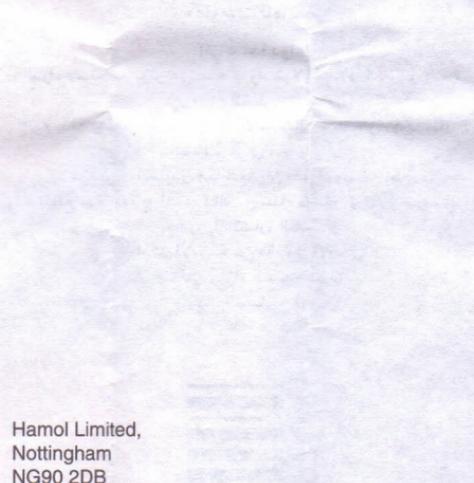
Do not by yourself interrupt the period of treatment prescribed for you.

Do not repeat the same prescription without consulting your doctor.

Keep medicaments out of the reach of children.

Council of Arab Health Ministers

Union of Arab Pharmacists



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